





## WELCOME TO THE



Since 1998, Rise Against Hunger has been committed to providing nutrition and resources for the world's most vulnerable while simultaneously engaging and inspiring volunteers around the globe to take action. The Rise Against Hunger Experience brings to life a hands-on service event where volunteers can touch the lives of millions of people around the world in critical need by packaging meals.

# OUR MEALS ARE SHAPING FUTURES

They may look like simple bags of rice and soy, but Rise Against Hunger meals represent the hopes and dreams of millions of people around the world. Our meals provide beneficiaries in critical need with essential nutritional components that help combat malnutrition. Once packaged by volunteers, the meals are shipped and distributed by our impact partners through schools, clinics and vocational training programs to help break the cycle of poverty and create happy, healthy futures.





Joining in on the
Rise Against Hunger
Experience helps children
like Narovantsoa thrive
and grow—all the way to
2030 and beyond.

# MEET: NAROVANTSOA

Narovantsoa is 12 years old and lives with his teacher in Soamanandrariny, Madagascar. On average, households in his hometown depend on an income of less than \$1 per day. Narovantsoa wants to be an entrepreneur and start his own business when he grows up.

"Now that I benefit from Rise Against Hunger, I eat lunch at school and no longer feel hungry during classes."

# ENRICHING LIVES AROUND THE WORLD

This year, we plan to package and distribute over 90 million meals to shift our impact from nourishing lives to enriching beneficiaries' lives. In 2016, the United Nations introduced Sustainable Development Goal 2 (SDG #2) — recognizing the fact that it IS possible to end hunger by the year 2030; only a decade away. There is still considerable work to be done to reach this target so now is the time to get involved and act. Your group's contributions will help communities thrive and grow all the way to 2030 and beyond.

- Securing adequate nutrition is essential to achieve ALL 17 of the United Nations Sustainable Development Goals, placing an urgent emphasis on achieving SDG #2 — ending hunger and malnutrition in all forms by 2030.
- Nourishing lives through school feeding programs and skills-based training motivates parents to send girls to school. According to the Food and Agricultural Organization (FAO), when women have opportunities, the yields on their farms increase — also their incomes. Natural resources are better managed, nutrition is improved and livelihoods are more secure.
- In the past year alone, over 60% of our aid went to children through school feeding programs or education based training. When a beneficiary doesn't have to think about where their next meal will come from, he or she can focus on earning an education and breaking the cycle of poverty.

KNOW THE FACTS







## SERVE LOCALLY **IMPACT GLOBALLY**

Volunteers are the heart of Rise Against Hunger's mission to end hunger by 2030. Our turnkey experience makes it possible for people of all ages and backgrounds to join together to make a real hands-on impact and learn about one of the world's most pressing issues: hunger.

## WHY JOIN HANDS WITH US?

We are a **MISSION DRIVEN** organization.

We create IMMEDIATE + LONG TERM IMPACT through group collaboration.

We facilitate events in most regions AROUND THE WORLD.

We help **CULTIVATE** + **BUILD RELATIONSHIPS** within your group or office.



"Packaging meals with our Rotary Club is not only exciting and fun, but an essential need for team building and impact. The power of joining hands together to lend a hand to someone in critical need across the world is truly touching."

> — Eric and Irene Russell Senior-level Rotarians Rotary District 1285

"I realized how one good meal a day can allow a child to flourish both physically and mentally."

> Barney Hale Kirk of Kildaire Presbyterian Church

"It has been a real honor to have been a part of this and a very humbling experience to know we are helping people all over the world in the fight against hunger."

> — Stephanie Barnsby Forever Business Owner, Forever Living Products

SINCE 1998, YOUR **CONTRIBUTIONS HAVE HELPED US SEND OVER** 

million meals

TO PEOPLE IN NEED AROUND THE WORLD



meals with Rise Against Hunger during 2018.



# GROW WITH US TO **2030 + BEYOND**

The experience of working together to lend a hand to someone in need will not only touch our beneficiaries' lives, but the lives of your group. Join our movement to create lasting impact — all the way to 2030 and beyond

when you host a Rise Against Hunger Experience.

## Help Our Beneficiaries Thrive

MEALS	DONATION	LIVES NOURISHED
14,256*	\$4,847	64 =150 People
25,000	\$8,500	112
50,000	\$16,500	225
142,000	\$45,440	639
285,000	\$88,350	

<sup>\*</sup> One pallet holds 14,256 meals. Lives nourished based on 222 meals per beneficiary annually.

## Participate in the experience of a lifetime



#### WHAT WE PROVIDE...

- An expert in hunger and our cause, ready to answer questions and provide hunger education to your group
- All ingredients and supplies required to jumpstart your group's impact
- A notification of your meals' destination once shipped to all registered volunteers

#### WHAT YOU NEED...

- Our cost per meal starts at \$.34, discounts are available for larger volume events
- Volunteers: one person can package about 250 meals in 2 hours
- Large open area: 25 square feet per volunteer recommended
- 6' or 8' tables: 8-10 tables required per each 50 volunteers
- Electrical outlets for heat sealers

### CREATING IMPACT THROUGH INNOVATION

There is no single solution to ending world hunger, which is why we've developed our Pathways to End Hunger. Our Pathways are helping to pave the way to a brighter future for people in critical need around the globe. Your group will make a direct impact on our goals, listed here

**EMPOWER COMMUNITIES** 



**NOURISH LIVES** 



**RESPOND TO EMERGENCIES** 



**GROW THE MOVEMENT** 



**OTHER WAYS** TO GET **INVOLVED** 

Cause Marketing **Product Donations** Matching Gift Program **Employee Giving Campaigns**  **Emergency Relief** Journey to Serve Grants & Corporate Sponsorships

riseagainsthunger.org/take-action

LEARN MORE ABOUT HOSTING YOUR OWN

#### RISE AGAINST HUNGER EXPERIENCE

riseagainsthunger.org/host

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