



***“The mission of St. Augustine of Canterbury parish is to grow closer to Christ and one another through worship, prayer, learning and service, and to dedicate our lives to serving Christ in the world through the power of the Holy Spirit.”***

# THANK YOU

to the Outreach Ministry Volunteers at  
St. Augustine of Canterbury Episcopal Church!



**These volunteers cook and serve a meal at The Source once a month.**

*Each month, our members are reminded that they are cared for through the kindness of volunteers who choose to show up and serve with intention. On the third Friday of every month, the Outreach Ministry at St. Augustine of Canterbury Episcopal Church prepares and serves homemade meals for our community, offering nourishment, connection, and a welcoming presence.*

*This past month, we were grateful for the time and care shared by Karen, Valerie, Mary, Rick, and Jim, who helped prepare and serve a meal that brought people together around the table. Moments like these go beyond food. They create space for conversation, encouragement, and the simple comfort of being among others who care.*

*We are deeply thankful for this ongoing partnership and for the volunteers who faithfully return each month. Their generosity plays an important role in creating a community where dignity, compassion and belonging are felt by all.*

The Outreach Ministry is now serving dinner on a monthly basis at The Source, which involves menu-planning, shopping, cooking in the parish kitchen and serving the evening meal onsite (all as separate tasks). If you would like more information about this important ministry and would like to volunteer, please reach out to [Tony Tulumello](#).



## **Salt and Light**

This week, Jesus continues with the “Sermon on the Mount” by telling us that we are the “*salt of the earth*” and the “*light of the world*” (Matthew 5:13-14). What does all this mean? Salt was a very valuable commodity in Biblical times, as it was used as a preservative in the days with no refrigeration. In this way it symbolized purity because it stopped decay, particularly in reference to sacrifices. Like today, it was also used as a flavoring agent. Jesus called his followers “salt” as we are to be the ones who are to “preserve” and hinder the presence of “decay” in the world. We are also to be the “flavor” of Christ; being an influence for good in the world. If we “*lose our saltiness*”, we lose our effectiveness to be that influence that Jesus wants us to be.



Jesus then follows that analogy with *"you are the light of the world"*. The idea is very similar, in that we are not to lose our effectiveness and our positive influence by *"hiding our light under a bushel basket"* (Matthew 5:15). Instead, we are to let our *"light shine before others"* so that our *"good works"* can be seen and draw others to God. There needs to be evidence that follows as we allow the light of Jesus to shine through us.

Sometimes it can be quite a challenge to be that light or to be the salt that preserves, purifies and gives good flavor. As the season of Lent rapidly approaches, now might be a good time to begin to take stock where in our lives might we need a preservative, some purification, or where we might need to take off the bushel basket! As we ask the Holy Spirit for guidance, we can allow ourselves to sprinkle some salt where necessary and allow our light to shine into those places that might need it.



## Upcoming Events



### Come Support YG at the King of the Hill Tournament

**Thursdays, through Feb.19 from 5-7 pm at The Boulevard Tennis Club**

All parishioners are invited to come support Youth Guidance at their annual king of the Hill tennis tournament. The matches are played on Thursday nights starting at 6 PM, for the next three weeks. The entry fee is \$10 per person and If you're a tennis enthusiast, the competition is very exciting! This is a key fundraiser for our outreach partners, and Youth Guidance would love to have your support. Please contact: [Barbara McGowan](#) with any questions.

# MEN'S RETREAT

## FEBRUARY 6-8, 2026



### Central Florida Diocesan Men's Retreat

**THIS WEEKEND! Friday, Feb. 6 - Sunday, Feb. 8, at 3404 Camp Wingmann Rd. Avon Park, FL 33825**

Gentlemen, join guys from across the Diocese for an incredible weekend of worship, fellowship, renewal and engaging content at Camp Wingmann for this very special Retreat. The Speaker is Rob Sturdy, Chaplain to the Core of Cadets at The Citadel and

Director of St. Alban's Anglican Chapel. Rob holds a PhD in Historical Theology, and his content is deep yet incredibly accessible. There will be opportunities for small groups and breakout sessions.

The cost for the Retreat weekend is \$185.00. Interested? Please call 321-723-5272 for registration.



### St. Augustine Serves at Shining Light Garden

St. Augustine Serves volunteers at Shining Light Garden on the second and fourth Saturdays each month from 8:30 -10:30 am. Come join us at a truly inspiring place where we plant, weed and harvest vegetables for our neighbors



in need. The produce is then distributed to local food pantries, soup kitchens, homeless shelters, and other assistance programs throughout Indian River County. We are a warm & friendly group greatly inspired to celebrate God's creation and feed the hungry. **Our next service date is Saturday, February 14.** All are welcome!

Be sure to bring a hat, sunscreen, water, and gloves. Wear shoes that you don't mind getting dirty. Questions? Ministry contact: [Barbara McGowan](#)

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## SHROVE TUESDAY Parish Potluck

*featuring Cajun Cuisine!*

**Tuesday, February 17  
at 5:30 pm**

**No sign-up necessary  
Just come!**

### Shrove Tuesday Parish Potluck

Join us on the eve of Ash Wednesday for our Shrove Tuesday Parish Potluck on Tuesday, February 17 at 5:30pm for a great feast and fellowship!

The church will be serving a Cajun/Creole "rice bar" featuring chicken gumbo, shrimp étouffée, and red beans and rice with cornbread. Parishioners are encouraged to bring side dishes and desserts, as well as their own libations if they choose.

No sign up is necessary; bring a friend! Questions? [Contact the office.](#)

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## LENT

prayer | reflection | penitence

## ASH WEDNESDAY SERVICES

**Wednesday, February 18** 10 am and 6 pm



## Ash Wednesday "Imposition of Ashes" Services

Ashes, an ancient sign of penitence, a mark of the cross to remind us that we are dust and to dust we shall return. Please join us this year on **Wednesday, February 18 at 10 am and 6 pm** for this special service.

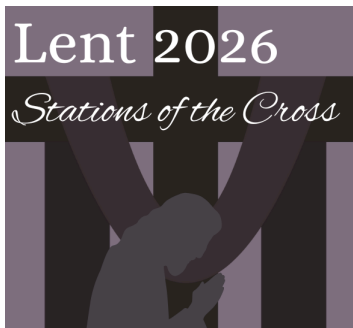
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### Join Us For Thursday Lenten Walks

Lent is a time for reflection, renewal and for striving towards positive additions to our lives. If you have been wanting to be more active, consider joining us on **Thursday mornings at 9 am starting on February 19 in Riverside Park** on their walking trail (near the Tennis Courts). It's something I'd like to do to improve my well-being and I'd love to have you join me on my Lenten Journey. Contact me if you have questions: [Sally Munson, RN](#)

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### Friday Stations of the Cross

The fourteen Stations of the Cross will be visited every Friday in Lent, including Good Friday, at 2 pm. Attendees have the option of following the cross as it moves from station to station, or remaining in the pews. Verses from the Stabat Mater (Hymnal 159) are sung between stations. Contact: [Gene Tobey](#)

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# Episcopal Church Women

"We aspire to be a Godspark -  
shining and sharing the love of Christ!"

In our parish we offer fellowship and hospitality by reaching out to people in need and serving in our church ministries.

Hosted by the Episcopal Church Women

## Quiet Day

Saturday, February 21  
9 am - 12 pm



We are part of a Christian foundation started in 1871 at the National level and are in Province IV in the Diocese of Central Florida, located in the SE Deanery. Please check the weekly Canterbury Tales and the parish Facebook or contact Pam Wehrberger, ECW President, for events and ongoing information at [gran459495@aol.com](mailto:gran459495@aol.com)

### ECW Quiet Day - February 21, 9 am to 12 pm

All members of the parish are invited! Hosted by the Episcopal Church Women, our Quiet Day is started with a continental breakfast, followed by prayer, meditation and reflection. A light lunch will be served at noon. The topic this year is "Prayer and the Psalms". Please sign up in the Narthex. Contact: [Pam Wehrberger](#)

## Lenten Potluck Suppers



## Good Fellowship, Great Food for Thought!

On Wednesdays in Lent, all are invited to gather for a simple Lenten Potluck Supper at 5:30 pm (February 25, March 4, 11, 18, and 25). Join us for some good food and great fellowship! No sign-up necessary - just bring a favorite main, side or dessert dish. After dinner each week, Fr. Tyler will lead us in a Lenten teaching for about 45 minutes after the meal. This year's topic is The Crucifixion and each week's lesson will focus on a crucifixion story. Questions? Please [contact the office](#).

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Find these and all our upcoming events at ...

## Looking to Deepen Your Faith?



## Jesus Chooses the Twelve Disciples

This week in Sunday School, our children will learn about Jesus choosing the twelve disciples. At this point in Jesus' ministry, He has already been teaching, healing, and drawing large crowds who are eager to hear His message. Many people are following Him, but Jesus knows that His work on earth will require faithful companions who will learn from Him, walk closely with Him, and eventually carry His message to others.

Before choosing the twelve, Jesus withdraws to a mountainside and spends the night in prayer. This quiet, intentional moment reminds us that important decisions are rooted in listening to God and seeking His guidance. In the morning, Jesus calls together His followers and selects twelve men to be His closest companions — His apostles. These men come from ordinary backgrounds, including fishermen and a tax collector, and they bring with them different personalities, strengths, and weaknesses. Yet Jesus sees their hearts and calls each of them by name.

Through this story, the children will discover that Jesus does not choose people based on status, wealth, or perfection. Instead, He invites those who are willing to learn, grow, and follow Him. The disciples are not perfect, but they are chosen, loved, and shaped by their time with Jesus. This helps our students



understand that God sees them as they are, values them uniquely, and has a place for them in His story as well.

As we explore this lesson together, we will talk about what it means to follow Jesus in our own lives — by listening to His teachings, trusting Him, helping others, and showing kindness. Our activities, discussions, and reflections will encourage the children to see that, just like the disciples, they are invited to walk with Jesus and grow in faith each day.

## Please Come Join Us!

**Sunday School meets Sunday at 10 am** in the last classroom at the end of the hall in the Christian Education Wing. **Ages K-8 are welcome.** Come with your friends and make new ones too!

If you have kids, grandkids, neighbors, or anyone that might be interested in Sunday School, please contact ministry leader [Michelle Guancione](#).

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## Evening Bible Study

**Join us Tuesdays, at 6:30pm** as Evening Bible Study focuses on the Gospel of Matthew. Over the course of the next year our Sunday gospel readings will be taken from the Gospel of Matthew. Our hope is that this evening bible study on Matthew will help us all dig deep into the Gospel of Matthew this next year.

Any questions? Please contact Tyler at [tyler@staugustinevero.com](mailto:tyler@staugustinevero.com). We hope you can make it!

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## Connections: Women's Bible Study Group

Ladies, please join us for Connections - a weekly Bible Study ministry just for women. As iron sharpens iron, we will learn from each other, grow in our faith, and develop rich friendships as we study the Bible together.

This session, we are focusing on the **Book of Exodus** which recounts the single most important event in Israel's history, God rescues the people of Israel from Egypt and invites them into a covenant with Him. We will be using the study guide "Exodus" (Knowing The Bible Series) by Matthew R. Newkirk.

Please order your study guide here:

[Exodus Study Guide by Matthew R. Newkirk](#)

If you have any questions, please contact [Anita Plummer](#) or [Valerie Reich](#)

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# Morning Prayer

*Before the rush of the day begins,  
take a moment to pause.*

**Anyone and everyone is invited to join our daily  
8:00 AM dial-in prayer. It is a quiet space to breathe,  
reflect, and place the day in God's hands.**

**Morning Prayer | Daily 8 am, M-F**



From wherever you are, join in on [Daily Morning Prayer](#) services over the telephone. Simply dial (339) 209-4611 before 8 am, Monday through Friday to participate. The service is easy to follow and is about 30 minutes long.

Newcomers, please see the [Online Instructions](#) to set up the Daily Office App. [Launch the Daily Office App>](#)

Want to get involved or need help? Please contact [Marianne Rowan](#) or call 772-321-1534.



This month's meeting on **Saturday, February 28 at 10am** will include a **Renewal of Vows**.

The Order of the Daughters of the King are a religious Order of the Episcopal Church. We have taken vows and live by a Rule of Service and Prayer. Everyone in the parish is invited to learn more about us. All women are welcome to join us.

Our goal is to spread Christ's Kingdom throughout the world. If you would like to become a Daughter or have questions, please contact [Nancy Kelly](#).

## Outreach / Volunteer Opportunities



### Salvation Army Ministry 2026

We are continuing our positive impact at the Salvation Army with our Spaghetti, Pasta and Peanut Butter donations. We are aiming for more than 11,000 pounds in 2026!

The three items that we donate every week to the Salvation Army continue to be a lifeline to families in need. The Salvation Army tells us we are the **ONLY** church in town who is doing this on a weekly basis, and that the fully stocked shelves on Monday are empty by Wednesday.

**We only accept three items: pasta, spaghetti sauce and peanut butter (at their request).** Please place your contributions in the collection box in the

Parish Hall. And as always, your faithfulness in helping to serve our local community is very much appreciated. **Thank you!**

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## ***This Sunday!***

*"You are the light of the world. A city built on a hill cannot be hid. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven."*

MATTHEW 5:14-16

### ***Come Worship with us this Sunday!***

St. Augustine of Canterbury invites you to join us for worship this **Fifth Sunday after the Epiphany**, either in person or via [Livestream](#) at 10 am. Watch our livestreamed service anytime during the week on our [YouTube channel](#).

### **This Week's Scripture Readings:**

#### **First Reading:**

Isaiah 58:1-9a

#### **Gradual Psalm:**

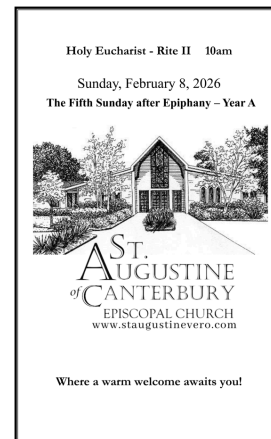
Psalm 112:1-10

#### **Second Reading:**

1 Corinthians 2:1-12

#### **The Gospel:**

Matthew 5:13-20



[Worship Schedule>](#)

[Download the Bulletin>](#)

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### **This Weekend's Readers and Servers will be...**

#### **Saturday, 5:30 pm**

**All duties:** Carolyn Robinson

#### **Sunday, 8 am**

**Lessons/Server:** Bob Stasonis

**POTP:** Tom Hall

#### **Ushers:**

JoAnn Kirchhoff, Valorie Stevenson

**Coffee Hour:** Byron & Inge Curcio,  
Donna & Carl Kerber

#### **Sunday, 10 am**

**Ushers:** Dick & Karen Monaco,  
Tom Wehrberger

**Lessons:** Nancy Kelly

**POTP:** Genie Bushell

**Chalice:** Sally Munson, Pam White

**Crucifer:** Pam White

#### **Torches:**

Nancy Kelly, Sally Munson

**LEM:** Nancy Kelly

**Livestream:** Emma Shields

**Sunday School Assistant:**

Pam Wehrberger

**Coffee Hour:**

Brian & Karen McIntyre,





## Home Communion

Are you unable to worship with us in person due to illness or mobility issues and would like to receive communion at home? Just call the church office (772-770-3494) and ask to be put on the Home Communion list or contact [Sally Munson](#) to schedule a home visit.

## Join us this Week for ...

### Sunday Morning Coffee Hour

Please come join us each Sunday at Coffee Hour after the 8 am and 10 am services in the Parish Hall. Enjoy great coffee and treats as well as the company of your fellow parishioners. You never know who you might meet!



### Sunday Morning Coffee Hour Needs Volunteers!

Serve once a month on one of 4 teams that rotate weekly, or on a team that only serves when there are 5 Sundays in the month. Contact [Brian McIntyre](#)

**Parish Prayer Group | Mondays at 1:30 pm | Library**

**Prayer Shawl & Knitting Ministry | Tuesdays, 1-3 pm | Library**

**Evening Bible Study | Tuesdays at 6:30 pm | Library**

**Healing Eucharist | Wednesdays at 10 am | Sanctuary**

**Bible Study | Wednesdays at 11 am | Library**

## News & Notes

## Calendar

## ***Mark Your Calendars!***

**Thurs. Feb. 5, 12, 19** - King of the Hill Tournament, offsite, 5-7 pm  
**Mon. Feb. 9, 16, 23** - Parish Prayer Group, Library  
**Tues. Feb. 10, 17, 24** – Connections Bible Study, 9:30 am, Parish Hall  
**Tues. Feb. 10, 17, 24** - Parish Prayer Shawl Group, 1 pm, Library  
**Tues. Feb. 10, 17, 24** – Evening Bible Study, 6:30 pm, Library  
**Sat. Feb. 14, 28** - SAS at Shining Light Garden 8:30-10:30 am, offsite  
**Mon. Feb. 16**- Vestry Meeting, 7 pm  
**Tues. Feb. 17** - Men's Breakfast, 9 am, CJ Cannon's  
**Tues. Feb. 17** - Shrove Tuesday Dinner, 5:30pm, Parish Hall  
**Wed. Feb. 18** - Ash Wednesday Services, 10 am & 6 pm  
**Thurs. Feb. 19, 26** - Lenten Walks, 9 am, Riverside Park  
**Fri. Feb. 20, 27** - Stations of the Cross, 2 pm, Sanctuary  
**Fri. Feb. 20** - Third Fridays at the Source, 12 pm, Parish Hall  
**Sat. Feb. 21** - ECW Quiet Day, 9am -12 pm, Sanctuary  
**Sun. Feb. 22** - Blood Pressure Screening, 9 & 11 am, Parish Hall  
**Sun. Feb. 22** - Ask the Dietician, 11 am only, Parish Hall  
**Tues. Feb. 24** - Caregivers Support Group, 2 pm, Parish Hall  
**Wed. Feb. 25** - Lenten Potluck Supper, 5:30pm, Parish Hall  
**Sat. Feb. 28** – DOK Meeting - Renewal of Vows; Library, 10 am, Library

## ***Save the Date!***

**Mon. Mar. 2, 9, 16, 23, 30** - Parish Prayer Group, Library  
**Tues. Mar. 3, 10, 17, 24, 31** – Connections Bible Study, 9:30 am, Parish Hall  
**Tues. Mar. 3, 10, 17, 24, 31** - Parish Prayer Shawl Group, 1 pm, Library  
**Tues. Mar. 3, 10, 17, 24, 31** – Evening Bible Study, 6:30 pm, Library  
**Wed. Mar. 4, 11, 18, 25** - Lenten Potluck Suppers, 5:30pm, Parish Hall  
**Thurs. Mar. 5, 12, 19, 26** - Lenten Walks, 9 am, Riverside Park  
**Fri. Mar. 6, 13, 20, 27** - Stations of the Cross, 2 pm, Sanctuary  
**Sat. Mar. 14, 28** - SAS at Shining Light Garden 8:30-10:30 am, offsite  
**Sat. Mar. 14** - St. Patrick's Day Dinner, 5:30 pm Parish Hall  
**Mon. Mar. 16** - Vestry Meeting, 7 pm  
**Tues. Mar. 17** - Men's Breakfast, 9 am, CJ Cannon's  
**Fri. Mar. 20** - Third Fridays at the Source, 12 pm, Parish Hall  
**Sat. Mar. 21** - ECW Luncheon Meeting, 11 am, Parish Hall  
**Tues. Mar. 24** - Caregivers Support Group, 2 pm, Parish Hall  
**Sat. Mar. 28** – DOK Meeting Library, 10 am, Library  
**Sun. Mar. 29** - Blood Pressure Screening, 9 & 11 am, Parish Hall  
**Sun. Mar. 29** - Ask the Dietician, 11 am only, Parish Hall

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***Find these events and more on our St. Augustine's calendar***

**CALENDAR**

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## ***Useful Links***

- [How to Choose a Bible](#)> by the Rev. Wes Shields
- [Church Center](#) To access our Church Center database app on the web
- [Daughters of the King Prayer List](#)



- [Morning Prayer info and downloads](#)
- [Livestream Services](#)
- [St. Augustine's Facebook Page](#)
- [St. Augustine's YouTube Channel](#) To subscribe: Sign in to YouTube on your computer. Go to [St. Augustine's YouTube channel](#) and select a video to play. Click "Subscribe" under the play window.

## Please Keep in Your Prayers

**Please pray for ...** all who are affected by violence, conflict or impacted by natural disasters. We also pray for **Jane, Tom, Deborah, Genie, Jodi, Ron, Sarah, Samuel, Irene, Joy, Jay, Jacira, Sannina, Colin, Kirt, JB, Paulo, Dennis, Lillian, Bill, Gerry, Dan, Bonnie, Al, Ginger, John, Anne, Valerie, Linda Sue, Dakota, Arden, Elinor, Jacinth, Andy, Joanne.**

### ***Parish Prayer List Reminder!***

*The Parish Prayer List names are reviewed on a monthly basis. Names remain on the list as long as the Office is aware that they are to remain. Names of those we have not received updates are removed from the list unless the parish office is otherwise notified. Please let us know who is in the hospital and who is deceased. Contact: [Dana Johnson](#) at 772-770-3494.*

### **This Week, We Celebrate**

#### **Birthdays**

09 – Bill Weir  
 10 – Jim Kelly  
 10 – Deanna Iannotti  
 10 – David Letts  
 12 – Karen McIntyre  
 13 – Sandy Hawksworth  
 Bradford Grandage

#### **Anniversaries**

09 - Ken & Darlene Gorles

### **This Week, We Remember**

#### **Departed**

01/17 - Robbin Young (2026)  
 02/10 - Garry Gleason (2007)  
 02/10 - Charles Beck (2021)  
 02/10 - Jayne Thorne (2020)  
 02/10 - Eleanor Wade (2021)



### **This Week's Altar Flowers**

This week's Altar Flowers are given by Nancy Kelly "in celebrations of Jim Kelly's birthday from his family."

If you would like to remember a loved one with Altar Flowers, please fill out a flower request envelope found in the brochure rack on the wall in the Narthex, or on the Slat Wall in the Parish Hall. It can be submitted to the office or in the offering plate, or by contacting [Dana Johnson](#) at

the parish office at 772-770-3494.

# Join Our Parish Family



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Install this useful app on your phone and have secure access to the Parish Directory, the Calendar, your Giving activity and more.

[Install Instructions>](#)



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### ADDRESS:

475 43rd Avenue,  
Vero Beach FL 32968

TELEPHONE: 772.770.3494

### OFFICE HOURS:

Monday-Thursday, 9 am-2 pm  
Fridays: 9 am-12 pm

[WEBSITE](#)

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