

Navigating Breast Cancer

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At St. Augustine's October 2022 has been both a month to continue to grow breast cancer awareness and celebrate the many milestones achieved in the fight against breast cancer. In this month's Health & Wellness article, learn more about the excellent cancer treatment and support services we have right here in Vero Beach, and give thanks!

Here at Scully Welsh Cancer Center, we understand being diagnosed with cancer can be a difficult experience and going through treatment is life changing. As Nurse Navigators, we support and assist our patients as they move through the phases of the treatment plan that is set up for them by their healthcare team once the patient agrees with the plan. We are able to guide as well be a resource as they continue the journey as a Cancer Survivor.

October is Breast Cancer Awareness month: As an Oncology Patient Navigator I am one of the team members who will meet with a newly diagnosed breast cancer patient. The first step is to introduce them to the Scully-Welsh Cancer Center and provide an overview on how breast cancer is treated: Surgery, Radiation, Chemotherapy, Targeted Therapy and Hormonal Suppression. After the patient has a consult with their provider and other health care teams, I review their treatment plan and work to remove any barriers to care so that treatment can begin as prescribed.

We offer an On-site Breast Cancer Support Group at the Scully Welsh Cancer Center on the last Tuesday of the month from 6pm-7pm. We also have mental health support, nutritional support and financial support for those who qualify if needed. As a Nurse Navigator, I work to identify additional needs a patient may have and connect them to community resources for services they may need.

Our team and I at Scully Welsh are available to contact via phone if patients are experiencing any hardships or if they have questions or concerns once treatment begins for care coordination. Once treatment begins, I remain a resource for ongoing questions, concerns, symptom management and ongoing connection to services they may need.

Here at Scully Welsh Our team is here for you to preserve and embrace your quality of life from time of diagnosis to life after treatment.

Questions? Contact Sally Munson, Coordinator, Health & Wellness Team Ministry
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